

Alphabet & Handwriting Workbook

A structured, rule-based approach to letter writing (A–Z)

Designed for Occupational Therapy, Classrooms, and Home Practice

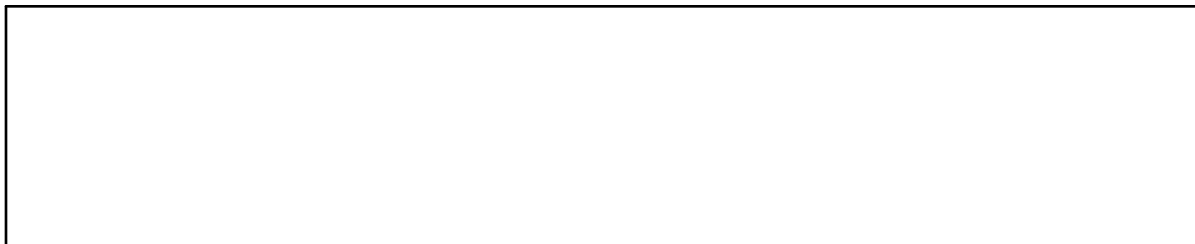
Follow the Handwriting Rules

1. Letters touch the bottom line.
2. Short letters start at the middle line.
3. Tall letters touch the top line.
4. Go-under letters go under the bottom line.
5. Spaces go between words.
6. Print letters the same size.

Handwriting Rule #1

Letters touch the bottom line.

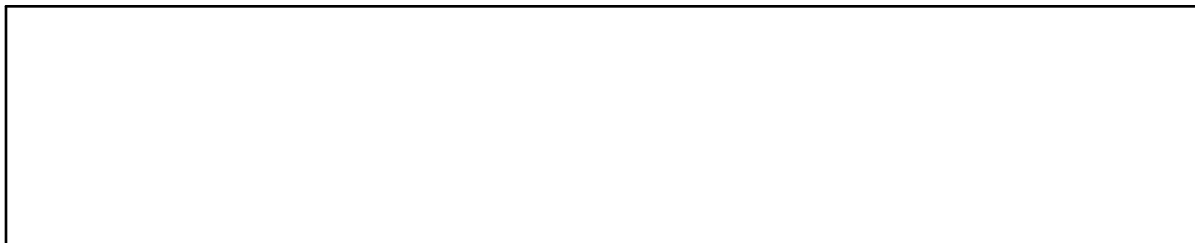
Practice below:

A large, empty rectangular box with a thin black border, intended for handwriting practice. It is positioned below the instruction 'Practice below:'.

Handwriting Rule #2

Short letters start at or just below the middle line.
(a c e i m n o r s u v w x z)

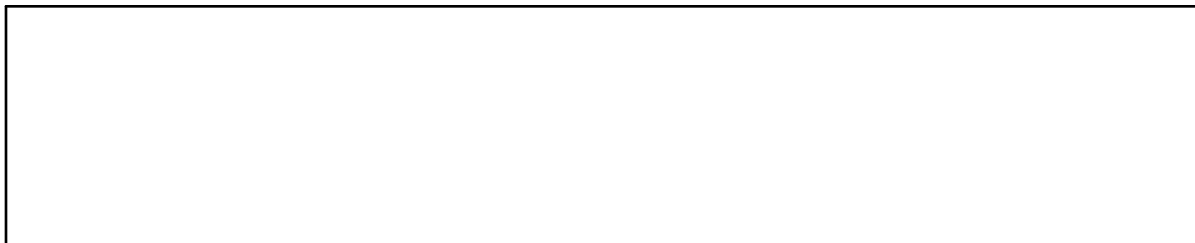
Practice below:

A large, empty rectangular box with a thin black border, intended for handwriting practice. It is positioned below the instruction 'Practice below:'.

Handwriting Rule #3

Tall letters touch the top line.
(b d f h k l t)

Practice below:

A large, empty rectangular box with a black border, intended for handwriting practice. It is positioned below the instruction "Practice below:".

Handwriting Rule #4

Go-under letters go under the bottom line.
(g j p q y)

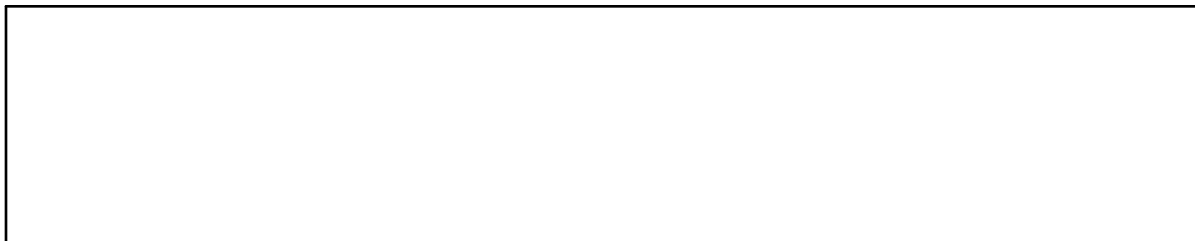
Practice below:

A large, empty rectangular box with a thin black border, intended for handwriting practice. It is positioned below the instruction "Practice below:".

Handwriting Rule #5

Spaces go between words.

Practice below:

A large, empty rectangular box with a thin black border, intended for handwriting practice. It is positioned below the instruction 'Practice below:'.

Handwriting Rule #6

Print your letters the same size.

Practice below:

Letter Practice: A a

Trace, copy, then write independently.

Letter Practice: B b

Trace, copy, then write independently.

Letter Practice: C c

Trace, copy, then write independently.

Letter Practice: D d

Trace, copy, then write independently.

Letter Practice: E e

Trace, copy, then write independently.

Name Tracing Practice

Write your name on each line.